



Code of Conduct

Safety Procedures and Participant Behavior

Safety is the first and foremost consideration when delivering the TARGET program. In order to create a safe environment, it is important to build trusting relationships and establish procedures to help young people feel secure and ensure they understand what is expected. When participants understand behavioral boundaries, it is less likely they will test their limits and more likely they will cooperate. The following guidelines are set forth to ensure a safe environment.

1. Stop, look and listen on the signal of the coach (keywords or whistle).
2. Stay within the designate safety zones when it is not their turn to putt, chip, pitch or swing.
3. Look on all sides before they putt, chip, pitch or swing to ensure the swinging area is completely clear.
4. Only make a swinging motion when they are in the designated swing area.
5. Follow all aspects of The First Tee Code of Conduct.

The First Tee Code of Conduct

Respect For Myself

- *I will dress neatly, and I will wear golf shoes or athletic shoes.*
- *I will try my best and keep a positive attitude when I play or practice.*
- *I will eat right, get enough sleep, and take care of myself so I can stay healthy.*

Respect For Others

- *I will be friendly, courteous, and helpful.*
- *I will follow instructions and safety rules.*
- *I will have fun without being loud and rowdy.*
- *I will be honest and be a good sport, whether I win or lose.*

Respect For My Surroundings

- *I will keep the golf course and practice areas clean and in as good or better shape than I found them.*
- *I will clean and take care of my golf clubs.*
- *I will be careful not to damage anything that belongs to others.*



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Consequences For Misbehavior

It is important that expectations and consequences are discussed, posted and applied consistently. Unfortunately, no amount of discussion will eliminate misconduct. Below is an example of a graduated consequence system that will be utilized when a rule is not followed.

1st Time - Verbal warning.

2nd Time - 5 minutes of "Time-Out".

3rd Time – Time-Out for the remainder of class and discussion with parent/guardian.

4th Time – Parent/Guardian discussion and possible suspension from the program.

Keys To Increasing Desired Behaviors

Generally speaking, we can increase the probability that young people will repeat desired behaviors by building rapport and trust with participants. Other keys that can assist in behavioral modifications include:

1. Check for understanding when discussing rules and consequences with participants.
2. State rules positively. Emphasize what you want them to do rather than what you don't want them to do.
3. Lead with empathy when applying the consequences. For example, "Oh no! I really wanted you to finish this station, but you chose to swing your club in the safety zone rather than hold your club by the club head and keep it still".
4. Before applying consequences, explain the rule that was not followed and what the next consequence will be, should another problem occur.
5. Catch participants "doing something right" and reinforce positive behaviors with verbal or non-verbal (high five) praise. Example, "John, you have really paid attention today and followed the rules. Good job!"